

# OUR BELOVED KFEIR

June 19, 2018



## LOCATION:



Kfeir, Lebanon

**El Kfeir, Al Janub, Hasbaya,  
Nabatieh Governorate, South Lebanon**



**A beautiful and peaceful village in the mountains...**



**...but not in the surrounding areas:**

- **Road to Kfeir leads to Israeli border (10 miles or so)**
- **Military check points throughout – must stop at the post, show passport and get authorization to enter the way to Kfeir**
- **Border with Syria nearby – refugees (total in Lebanon about 33% of the current population)**
- **Golan Heights in Israel is nearby**
- **Mount Heremoun / Hermon nearby**  
**(area under UN peace forces control)**

**LET'S FORGET ALL THIS AND FOCUS IN THE  
BEAUTY OF OUR ANCESTERS' VILLAGE**





**KFEIR  
SURROUNDINGS**

**KFEIR**

**BORDER**

**ISRAEL**

**YEAR-ROUND  
SNOW CAPPED  
MOUNT HERMON**

**BORDER**

**GOLAN  
HEIGHTS**





# KFEIR'S LANDSCAPE





















**MOUNT HARAMOUN  
NOT SNOW CAPPED, NOT A  
COLD WINTER THIS YEAR**























# KFEIR'S HOUSES

























**AN ANCIENT TECHNIQUE TO BUILD ROOF  
AND CEILING IN HOUSES CAN BE SEEN IN  
KFEIR.**

**NOT IN USE ANY MORE**





**A WOODEN  
STRUCTURE IS BUILT  
FROM LOCAL TREES.**







**THE ROOF WAS  
SOMETIMES  
BUILT ATOP  
STONE ARCHES.**







**STONE CYLINDERS  
WERE USED TO ROLL  
DIRT OVER ROOF, TO  
PROVIDE FOR  
THERMAL ISOLATION**

**SOME OF KFEIR'S HOUSES DISPLAY A  
BRAZILIAN FLAG – IT'S SOCCER WORLD CUP  
TIME. ALSO SEEN ARGENTINA'S AND  
GERMANY'S FLAGS.**

**KFEIR KEEPS STRONG TIES WITH BRAZIL.  
MOST KFEIRIAN FAMILIES HAVE RELATIVES  
THERE. NOT UNCOMMON TO FIND SOMEONE  
THAT SPEAKS PORTUGUESE THERE.**







KEI







**ARGENTINA'S AND  
GERMANY'S FLAGS.**



# INTERESTING PLACES IN KFEIR



**CAN YOU READ  
ARABIC?**





الجمهورية اللبنانية  
دار بلدية الكفيرة  
تبرع ببناء هذه الدار المحسن المعتبر  
نقولا أبو حنا  
مؤيدت بعلبك رئيس البلدية  
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**TRADITIONAL POTABLE  
WATER FOUNTAIN  
CRISTALINE MINERAL WATER  
FROM MOUNTAINS READILY  
AVAILABLE  
IN USE NOWADAYS!**



# A GROCERY STORE, QUITE BASIC





**WHAT DO THEY GROW IN KFEIR?  
VERY MEDITERRANEAN... LIKE SOUTHERN  
EUROPE – PROVENCE, ITALY, SPAIN, PORTUGAL...  
OR CALIFORNIA!**

**NOTICE THAT IT REMINDS OF THE LEBANESE  
COOKING WE ARE ACCUSTOMED TO!**

**SMALL PINE TREE  
PRODUCES PINE NUTS  
OR SNOUBAR OR PINOLI**











**100-YEAR OLD OLIVE TREE**







A photograph of an olive grove in a dry, hilly landscape. In the foreground, there are large, light-colored rocks and dry, yellowish grass. Several olive trees with green foliage are scattered across the middle ground. In the background, there are rolling hills and a clear blue sky with a few small clouds. The text "OLIVE GROVE" is overlaid in white, bold, sans-serif capital letters on the right side of the image.

# OLIVE GROVE





DELICIOUS OLIVES ARE CURED  
AND OLIVE OIL IS ARTISANALLY  
PRESSED HERE





**APRICOTS –  
FOR DESSERTS AND  
QAMARADIN**



# **WALNUTS - FOR BAKLAWA OR MAKDOUS**







**FIGS**





**SUMAC – THE SOUR, REDDISH  
COMPONENT OF ZAATAR - IS GROUND  
OUT OF THE SEEDS, HUSKS REMOVED  
SUMAC GROWS WILD IN LEBANON**





**POMEGRANITES –  
DELICIOUS FRUIT  
INDISPENSABLE IN  
THE FATTOUSH**



**A KIBBEH MORTAR -  
OUR GRANDMOTHERS MADE  
KIBBEH ON A MORTAR AND  
PESTLE LIKE THIS  
OUR MOTHERS MADE IT ON  
A MANUAL GRINDER  
WE USE AN ELECTRICAL  
GRINDER OR FOOD PROCESSOR  
LET'S TEACH OUR CHILDREN  
AND KEEP THE TRADITION!**







**NOT TOO FAR FROM  
KFEIR, A MODERN  
BAKERY PRODUCES  
Koubz IN AN  
AUTOMATIC OVEN  
WITH A CONVEYOR  
BELT**



**IN KFEIR, AN OLD  
SAJ OVEN -  
THIN DOUGH  
IS BAKED ON TOP  
(A KITTEN  
SNEAKING OUT  
OF IT)**







**A SNEAKY  
KFEIRIAN KITTEN**





**A FEW MORE VIEWS OF OUR BEAUTIFUL KFEIR ...**











**THE END**



**TARCISIO**  
**JUNE 19, 2018**